

Looking for more info  
about Chronic Diseases?



Check out these sites!

**Centers for Disease  
Control and Prevention**  
[www.cdc.gov](http://www.cdc.gov)

**New York State  
Department of Health**  
[www.health.ny.gov](http://www.health.ny.gov)

**Ontario County  
Public Health**  
[www.co.ontario.ny.us](http://www.co.ontario.ny.us)

1 in 10 New Yorkers have major  
limitations in their daily living due  
to Chronic Disease.



## Ontario County Public Health

3019 County Complex Dr.  
Canandaigua, NY 14424

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[www.co.ontario.ny.us](http://www.co.ontario.ny.us)



**OCPH**



**Public Health**  
Prevent. Promote. Protect.  
Ontario County, NY

## Chronic Disease Prevention, Screening & Education



*Chronic Diseases are  
responsible for 70% of all  
deaths in NYS.*

# Ontario County Public Health



## Chronic Disease

Chronic diseases are among the leading causes of death, disability and rising health care costs in New York State (NYS). They usually develop over a long period of time. Some examples are diabetes, heart disease, high blood pressure, asthma and cancer. The good news is, many chronic diseases can be prevented.

## Chronic Disease Cost



Of money spent on healthcare in the US, more than 86% is used to treat chronic illnesses and their related conditions..

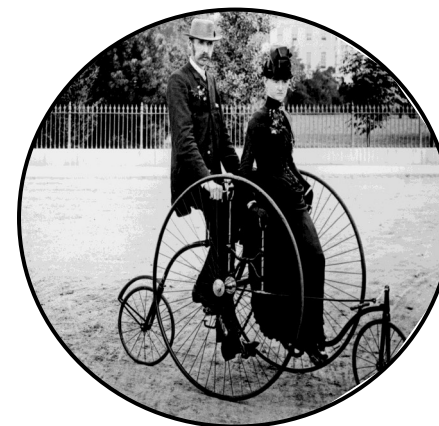
## The Role of Public Health

Ontario County Public Health collaborates with members of the community, medical providers, local hospitals, neighboring health departments, the New York State Department of Health and the Centers for Disease Control and Prevention (CDC) to inform, educate and lessen the impact of chronic diseases in the Finger Lakes.

## What does Public Health do for you?

- ◆ Provides education on smoking cessation, heart disease, diabetes, and other health topics.
- ◆ Promotes employee health by assisting with the development, and implementation of worksite wellness and lactation policies.
- ◆ Paves the way for healthy eating through the Farm to Cafeteria Coalition, Finger Lakes Breast Feeding Partnership and Ontario County Health Collaborative.
- ◆ Accesses and evaluates local data about high blood pressure and stroke from the Finger Lakes Hypertension Registry.

## Disease Prevention



From its earliest time, disease prevention and health promotion have been at the heart of Public Health. Proper nutrition and an active lifestyle are old public health messages that are as important today as they were 100 years ago. They remain vital ingredients to maintaining and enjoying health and preventing chronic disease.

