






Happy New Year!

January HDM Menu 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Creamed Tuna Baked Potato Sliced Beets Fruit Salad</p>	<p>4 Chopped Steak Stroganoff w/ Noodles Mixed Vegetables Warm Roll Fresh Fruit</p>	<p>5 Roast Turkey w/ Gravy Mashed Potatoes Steamed Spinach Peaches</p>	<p>6 Baked Manicotti Vegetable Du Jour Warm Fruit Crisp</p>	<p>7 Baked Chicken Yellow Rice Steamed Cauliflower Chilled Apricots</p>
<p>10 Amish Chicken Wild Rice Prince Edward Blend Veg Pineapple Tidbits</p>	<p>11 Herb Seasoned Fish Potato Wedges Italian Vegetables B-Day Cake</p>	<p>12 Crab Alfredo W.W. Penne Pasta Glazed Carrots Warm Roll Rosey Pears</p>	<p>13 Roast Pork w/ Pan Gravy Mashed Potatoes Normandy Vegetables Fresh Fruit</p>	<p>14 Spanish Rice Wax Beans Warm W.W. Roll Mountain Green Salad Raisins</p>
<p>17  Martin Luther King Day</p>	<p>18 Broccoli & Cheddar Quiche Mashed Hubbard Squash Cauliflower Fruited Yogurt</p>	<p>19 Vegetable Lasagna Warm W.W. Roll Italian Vegetables Mandarin Oranges</p>	<p>20 BBQ Pork Rib on W.W. Bun Corn Warm Chunky Applesauce</p>	<p>21 Liver w/ Onion Glaze Scalloped Potatoes Yellow Squash Fresh Fruit</p>
<p>24 Macaroni & Cheese Stewed Tomatoes Green Beans Fruited Gelatin</p>	<p>25 Sweet & Sour Pork Steamed Rice Capri Vegetables Chilled Pears</p>	<p>26 Chopped Steak w/ Mushroom Sauce Red Potatoes Asparagus Sweet Cherries</p>	<p>27 Lemon Garlic Chicken Sweet Potatoes Brussel Sprouts Bakers Choice</p>	<p>28 Hurry Up Stew w/ Biscuit Steamed Zucchini Fruit Cocktail</p>
<p>31 Chicken Cacciatore Rotini Parmesan Steamed Cauliflower Chilled Apricots</p>	<p> January</p>	<p>Safety for all.</p> <p>Please wear a mask when your meal is delivered</p>		<p>2% Milk Bread and Margarine Provided Daily</p> <p>  </p>